

The Resiliency Project

Training in:

- Infant and Early Childhood Mental Health
- Providing Trauma-Informed Care
- Adverse Childhood Experiences (ACEs) Screening
- Effects of Toxic Stress
- Child Development
- Executive Functioning
- Resiliency
- Dyadic Therapy
- Individual, Family, and Group Therapy

Theoretical Approaches:

- Play Therapy
- Child Parent Psychotherapy (CPP)
- Attachment, Self-Regulation, and Competency (ARC)
- Cognitive Behavioral Therapy
- Person-Centered Therapy
- Family Systems



For More Information Please Contact:

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Director of Early Childhood Mental Health and Disabilities

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Applications Available Online:

www.westsidechildren.org

Early Education Site:

12120 Wagner St.
Culver City, CA 90230

Child Welfare Site:

5721 W. Slauson Ave. Ste. 200
Culver City, CA 90230



Working Hand in Hand to Change Lives

The Resiliency Project Infant & Early Childhood Mental Health Internship



**Administrative Office:
5721 W. Slauson Ave. Ste. 140
Culver City, CA 90230**

(310) 846-4100



Working Hand in Hand to Change Lives

At Westside Children's Center, we provide thousands of at-risk children and their families with critical, high-quality early education programs, family strengthening interventions for families at risk of abusing or neglecting their children, foster care, and adoption services.

At WCC, we are committed to breaking the cycles of intergenerational poverty, abuse, and neglect by creating a level playing field— providing children an environment that catalyzes their creativity and innate intelligence and teaching parents how to support their children's physical, cognitive and social-emotional development, thus preparing them for a life of learning.



The Resiliency Project Infant and Early Childhood Mental Health Internship

The Resiliency Project is an MFT and MSW intern training placement with an emphasis on Infant and Early Childhood Mental Health. Interns will screen children and families enrolled in services at WCC using the Adverse Childhood Experiences (ACEs) screening tool to identify exposure to trauma and opportunities for resiliency development.

Interns will provide dyadic and supplemental therapy to families, utilizing interventions informed by Child-Parent Psychotherapy. Through therapeutic services, interns will work with children and families to improve attachment, executive functioning, and social-emotional competency.

Interns participating in the program will receive ongoing training in topics related to Infant and Early Childhood Mental Health, as well as group and individual supervision.

Westside Children's Center's Programs

Training Concentrations:

Each intern participating in The Resiliency Project will be given the opportunity to have a concentration in one or more of our Early Education or Child Welfare programs.

Early Education:

- Behavior and Development Observations
- Teacher and Provider Consultation
- Ages and Stages Developmental and Social-Emotional Screenings

Family Preservation:

(Prevention of Out-of-Home Placement)

- Teaching and Demonstration
- In-Home Outreach Counseling
- Individual and Family Therapy

Prevention and Aftercare:

(Prevention of Child Maltreatment)

- Group Therapy
- Psychoeducation

Foster Care and Adoptions:

- Birthparent Monitored Visitation
- Foster Parent Support Group
- Home Study Training
- In-Home Visitation